



UNC GREENSBORO

Board of Trustees

Meeting of the Full Board
October 12, 2023
8:30 a.m.

Presentation

BOT – 3 SACS Reaffirmation and QEP Overview

Background Information

Every 10 years, institutions accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) have to “reaffirm” their accreditation. UNCG is currently undergoing the reaffirmation process, which requires demonstration of compliance with multiple accreditation standards and development of a “Quality Enhancement Plan” (QEP) which focuses on improving specific student learning outcomes and/or student success.

Regina McCoy, Associate Vice Provost for Retention and Student Success, and Dr. Jill Beville, Director of UNCG Recreation and Wellness, have authored UNCG’s current QEP – Spartans Thrive – which focuses on student well-being and academic success. They will give a presentation on the QEP, and will be joined by Jodi Pettazzoni, Associate Vice Provost and Director of Assessment.

SACSCOC Reaffirmation Process & the Quality Enhancement Plan (QEP)

Dr. Jodi Pettazzoni, Associate Vice Provost & Director of Assessment

Dr. Jill Beville, Director of Recreation & Wellness

Regina McCoy, Associate Vice Provost for Retention & Student Success

UNCG's institutional accreditation

- Every 10 years, institutions accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) have to “reaffirm” their accreditation.
- The reaffirmation process requires us to demonstrate compliance with the accreditation standards as well as develop a “Quality Enhancement Plan” (QEP)
- *UNCG's reaffirmation is in 2024 with a SACSCOC Site Visit scheduled for March 18-21, 2024*
 - *On-site review committee meets with representatives to address non-compliance, federal regulations and governance questions, while conducting a deep evaluation of our QEP*

SPARTANS THRIVE

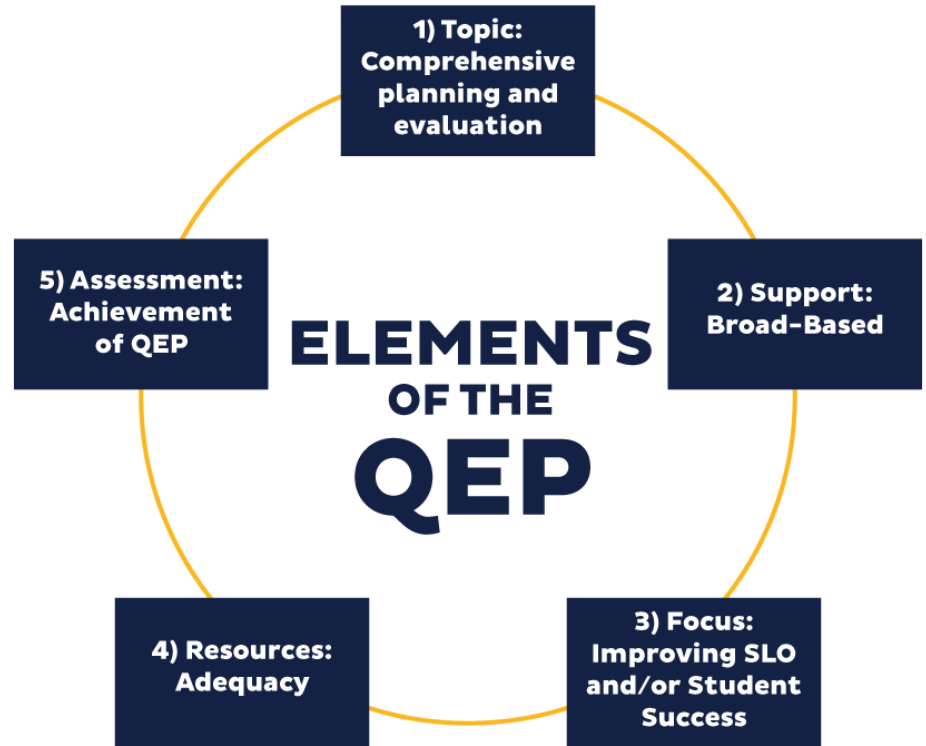
UNCG's Quality Enhancement Plan
Health and Wellness

What is the QEP?

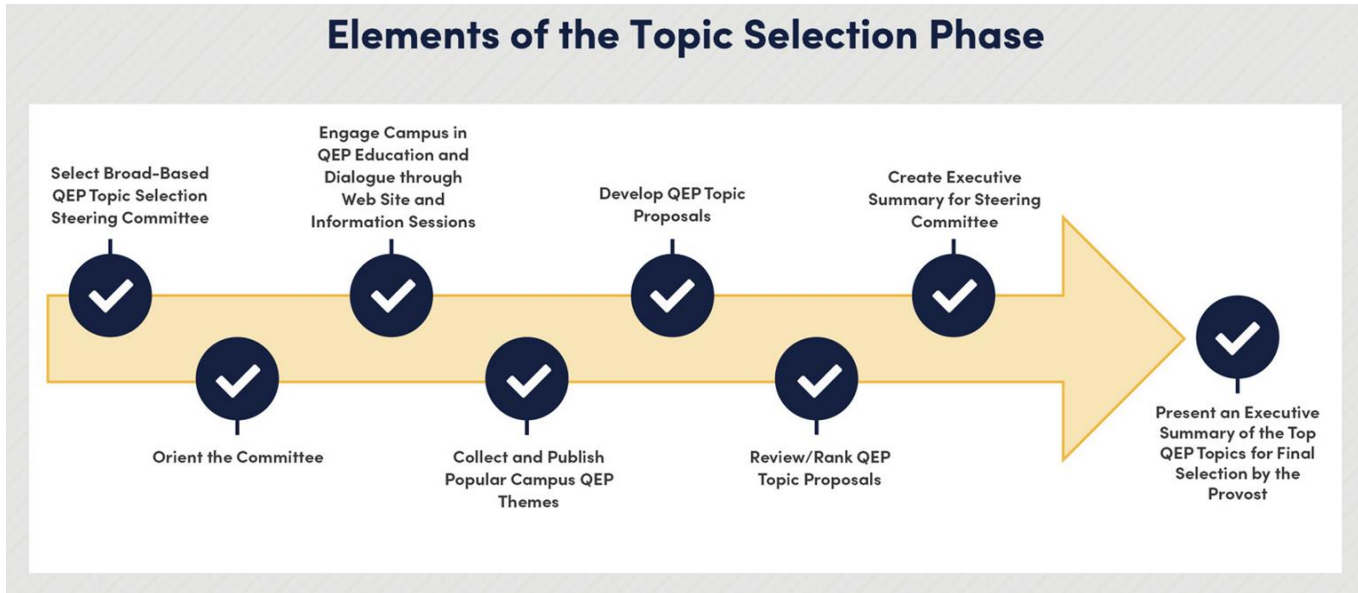
The **Quality Enhancement Plan (QEP)** is the component of the reaffirmation process that reflects and affirms the commitment of **Southern Association of Colleges and Schools Commission on College (SACSCOC)** to enhancing the quality of higher education in the region and to focusing attention on student learning.

The QEP is an opportunity for UNCG to demonstrate its commitment to continuous improvement of student learning and student success.

The QEP is a phased process that begins with the identification of a specific topic. The plan is implemented and measured over a 5-year period.



Topic Selection Process

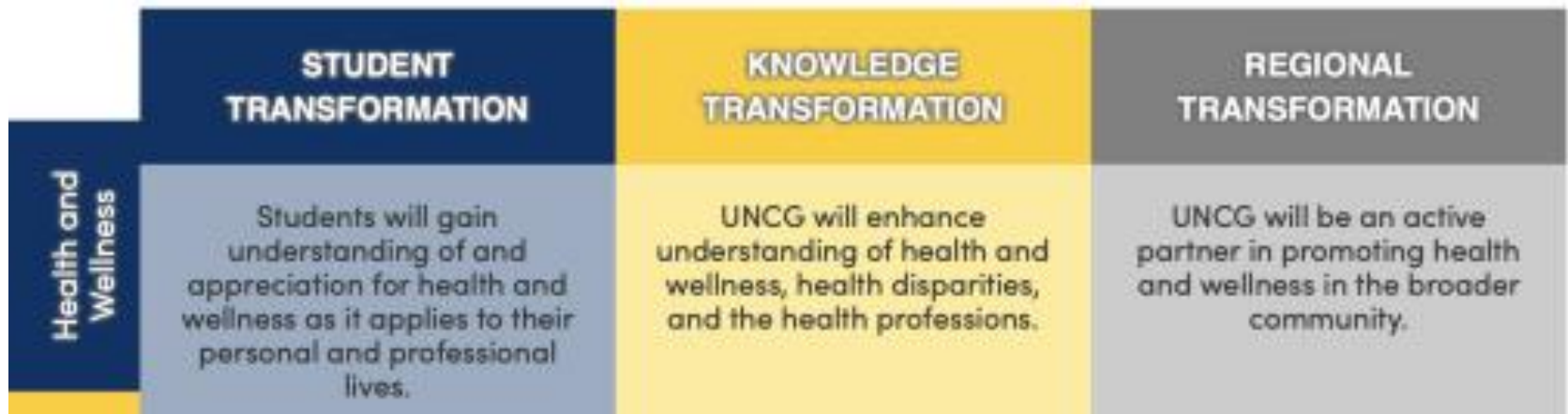


Institutional Priorities

University Strategic Plan Areas of Focus:

HEALTH AND WELLNESS

Health and Wellness is broadly defined to encompass the many dimensions necessary for individuals to cope, adapt, grow, and develop. This theme encompasses predictors and indicators of the state of the human condition, and scientific advances related to Health and Wellness.



FIND YOUR WELL-BEING HERE

Campus Life & Resources

Health & Safety

- University Police
- Campus Violence Response Center
- Student Health Services

Housing & Residence Life

- Graduate Housing
- Special Interest Housing
- Residence Halls

Student & Community Resources

- Career & Professional Development
- Parking & Transportation
- Life in Greensboro

Campus Accessibility

Student Support Services

- Student Handbook
- Military-Affiliated Services
- Dean of Undergraduate Studies
- Dean of Students
- Counseling & Psychological Services

Well-being is the combination of what we think and feel about our lives; the experience of positive emotions such as happiness and contentment, as well as the development of one's potential, having some control over one's life, having a sense of purpose, experiencing positive relationships, and overall life satisfaction. At UNCG, we use the Eight Dimensions of Wellness as a framework for our students in their life-long process of becoming aware of and making choices towards a healthy and fulfilling life, in college and beyond.

Wellness is not a destination, it is a personal journey that evolves over a lifetime. It is our hope that the following information about the eight Dimensions of Wellness will help you get started or continue on your health and well-being journey. Becoming familiar with each of the dimensions will help promote self- and community care, as well as help identify areas that you may be neglecting. These dimensions are interconnected. Neglecting one area will affect the others. Focusing on all eight dimensions will help you bring balance into your life so that you can thrive and flourish on your journey through college and beyond.



EIGHT DIMENSIONS OF WELL-BEING

Social Wellness

The ability to successfully interact with people in our world, participating in and feeling connected to the UNCG community. [Learn More about Social Wellness](#)

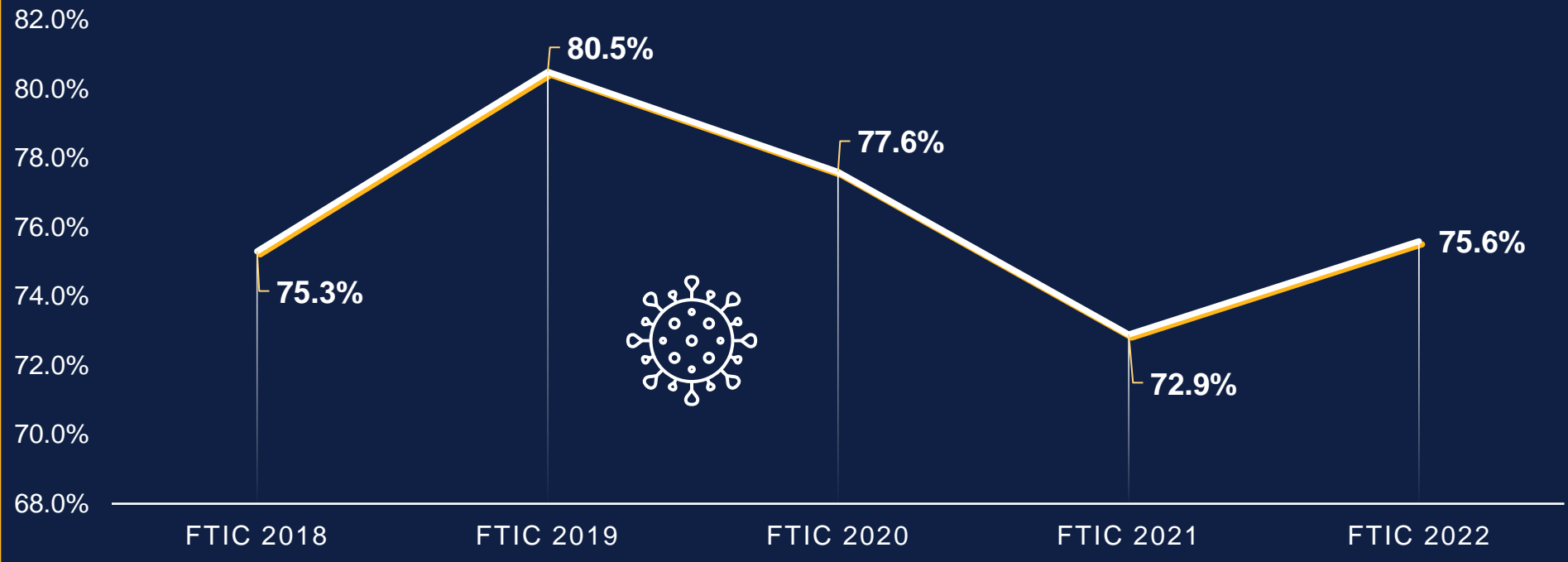
Physical Wellness

Emotional Wellness

Why the FTIC Students?

Based on the cohort year the students entered UNCG

FTIC 2ND YEAR RETENTION, FALL 2019-2023





For Spartans who are enrolling for the first time in college (FTIC) this fall, **Spartans Thrive** will set them up for a successful college career. Spartans Thrive is the University's Quality Enhancement Plan (QEP) and will begin in fall 2023 with FTIC students and continue through fall 2028. Focused on the student's holistic health and wellness, Spartans Thrive supports the University's Strategic Plan goal of "Student Transformation for Health & Wellness."

[Learn More](#)



THREE KEY AREAS OF SPARTANS THRIVE



UNCG students will gain understanding of and appreciation for health and wellness as it applies to their personal and professional lives.

Minerva's Academic Curriculum (MAC) Foundations Courses

Integrating health and wellness into the MAC Foundation Courses will help students begin their college journey with academic achievement skills, advising, and navigational support to help them persist and be academically successful.

Spartan Experience

Led by Student Affairs, the Spartan Experience will offer events and activities that focus on the well-being learning competency to promote the holistic and integrated development of the student using the following eight dimensions of wellness: physical, emotional, social, environmental, spiritual, financial, occupational, and intellectual. The program encourages students to learn and develop life-long knowledge, skills, and awareness to strive for optimal well-being individually and of the global community.

Mentor Collective Mentoring Program

FTIC mentored students persist to their second year at a higher rate than their non-mentored peers, with similar academic prep, ethnicity, income, and age. UNCG has not met the first-to-second-year retention rate goal of 85%. Mentorship of FTIC students aims to improve student success outcomes for student persistence.

STUDENT LEARNING OUTCOMES AND REPORTING

Launching with the FTIC fall 2023 student cohort, Spartans Thrive will concentrate on every fall incoming class through fall 2028. All Spartans will be encouraged to participate in holistic health and wellness opportunities through the Spartan Experience. The student learning outcomes for first-year students are:

1. Students will develop goals and plans related to personal purpose, interests, and/or values between self and community.
2. Students completing the well-being competency of the Spartan Experience will be able to identify and engage with campus resources to support their personal well-being.
3. First year mentored students will persist to their second year at a higher rate than their non-mentored peers, with similar academic prep, ethnicity, income and age.

Launching in fall 2024, the UNCG Spartans Thrive Wellness Dashboard will inform how our efforts are measuring up to our goals.





Emphasizes 11 foundational competencies integrated into each major, fostering transferable skills for academics, career, and personal growth, while encouraging curiosity and broad knowledge acquisition.

- Only 33 – 34 credits, folded into the 120 credits students need to complete for their degrees.
- Taken early in college career, sets foundation for achievement in the students' major courses.



FOUNDATIONS

Develop strategies for success in college and beyond.

The Foundations competency focuses on the students' successful transition to UNCG and encourages them to continue their journey here in an intentional and goal-directed way. Courses in this competency support academic and personal development by creating connection to the campus community; facilitating reflection and practicing with academic skills; building information literacy skills; highlighting campus resources for when students need help; enabling connections with peers, faculty and staff; and illustrating how students' own values, interests and purpose enrich their lives and that of our greater community.

The Foundations SLOs:

1. Develop academic skills and demonstrate the ability to identify and use campus services and resources.
- 2. Develop goals and plans related to personal purpose, interests, or values between self and community.**
3. Build connections between self and peers, faculty, and staff.
4. Critically evaluate information and media sources in a variety of formats.
5. Incorporate and cite sources accurately and correctly.



MINERVA'S

Academic Curriculum

Students will learn how to adopt a healthy lifestyle that can improve their academic performance and individual and community health.

- Taken by all FTICs in their first year
- Fall 2023 in FYE 101 MAC Foundation sections (17)
- Spring 2024 in 20 MAC Foundation Courses
- Faculty trained in early Summer 2024
- Full implementation Fall 2024

Instructors will facilitate in-class discussions on the overview & individual 8 dimensions of wellbeing.

- Hybrid course design
- Instructor guide & online Canvas modules
- Activities that allow students to engage with content and empower them to identify areas of growth & challenges to develop an action plan



Overview: The Spartan Experience is UNC Greensboro's co-curricular program for engaging students, outside of the classroom, in ways that extend beyond their degree and time on campus. After completion, students will be able to articulate how campus life impacted their personal and professional development.

Through the **Well-Being competency**, students will develop an understanding of wellness within themselves and the wider community, following the eight dimensions of wellness; physical, social, emotional, cultural, financial, intellectual, environmental, and career. The experiences in this competency will provide students with life-long knowledge, skills, and awareness to strive for optimal well-being individually and in the global community.



Student Learning Outcome: Students will be able to identify and engage with campus resources to support their personal well-being.



Learning Domain: WELL-BEING

First 6-8 Weeks

Foundational Learning Experiences

- IT Matters courses (Completed by Week 2) -LO3
- FYE (Foundations Course) - Connecting students to campus resources -SLO 1
- Fitness experience at RecWell/Intramurals & Club Sports - SLO 1

Second 6-8 Weeks

- Meet with Wellbeing Coach and development of wellness plan

Advanced Learning Experiences

- Training to become a wellbeing coach -SLO 4
- Ask/Listen/Refer; QPR; Mental Health First Aid -SLO 4

WELL-BEING



Engage Campus Resources

Foundational:	Intermediate:	Advanced:
<ul style="list-style-type: none"> • itMatters Upload • Tag Event: SE Well-Being x 3 • Introduction to Well-Being Upload 	<ul style="list-style-type: none"> • Well-Being Plan Upload • Tag Event: SE-Well-Being x 3 • Tag Event: SE-Emotional/Mental Health <u>or</u> Emotional/Mental Health Support & Skills Upload 	<ul style="list-style-type: none"> • Tag Event: SE-Well-Being x 9 • Personal Well-Being Plan Upload

Healthy Strategies

Foundational:	Intermediate:	Advanced:
<ul style="list-style-type: none"> • itMatters Upload • Tag Event: SE Well-Being x 3 • Introduction to Well-Being Experience 	<ul style="list-style-type: none"> • Well-Being Plan Upload • Tag Event: SE-Project Connect • Tag Event: SE-Well-Being x 6 	<ul style="list-style-type: none"> • Tag Event: SE-Well-being x 9 • Personal Well-Being Plan Upload

Informed Decisions

Foundational:	Intermediate:	Advanced:
<ul style="list-style-type: none"> • itMatters Upload • Tag Event: SE Well-Being x 3 • Introduction to Well-Being Experience 	<ul style="list-style-type: none"> • Tag Event: SE-Well-Being x 6 	<ul style="list-style-type: none"> • Tag Event: SE-Well-being x 9 • Personal Well-Being Plan Upload

Healthy Community Relationships

Foundational:	Intermediate:	Advanced:
<ul style="list-style-type: none"> • Ask. Listen. Refer. Experience • Community Health Experience 	<ul style="list-style-type: none"> • QPR Experience/Tag Event: SE-QPR • CPR/First Aid Upload <u>or</u> Tag Event: SE-Outdoor Adventure 	<ul style="list-style-type: none"> • Well-Being Leader Experience • Mental Health First Aid Experience <u>or</u> Tag Event SE-Mental Health First Aid



- Monitor, create, and measure a sense of belonging for FTIC students and their mentors.
- Provide purpose and opportunity for upper-division students to serve as mentors.
- Meaningfully match mentees and mentors based on self-identified characteristics ensuring a relevant match.
- Create a core experience for students in the face of the challenges they encounter adjusting to their respective academic and wellness goals
- Increase resource utilization for mentored FTIC students.
- Disaggregated retention and melt data
- Analysis of sense of belonging and academic self-efficacy data, and connection to persistence and retention

GOAL: FTIC-mentored students persist to their second year at a higher rate than their non-mentored peers, with similar academic prep, ethnicity, income, and age.

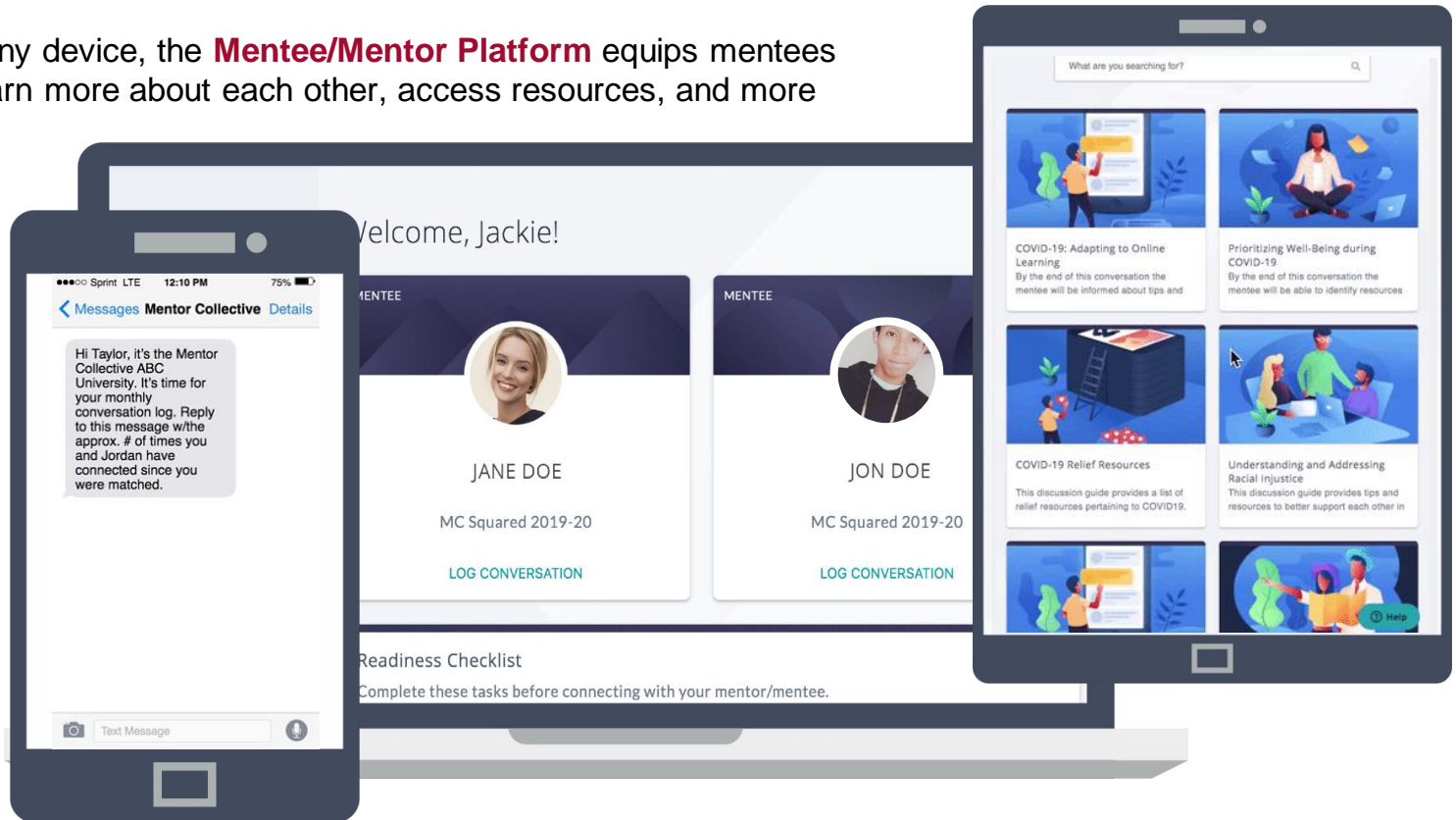
<https://uncg.mentorcollective.org/register/uncg-fticwide/mentee>

Your Mentor/Mentee Relationship

Discussion Guides surface key topics and relevant resources

Accessible by any device, the **Mentee/Mentor Platform** equips mentees and mentors learn more about each other, access resources, and more

MC's **Text Chatbot** sends mentees and mentors important reminders



**Board of
Trustees can
actively engage
and assist
through a
variety of ways**

- Promote student involvement in Spartans Thrive 3 QEP Programs:
 - MAC Foundations
 - Spartans' First Mentoring
 - Spartan Experience
- Cheer and ask our students how they may be able to apply their health & wellness knowledge to help others.
- Prepare for the SACSCOC Site Visit March 2024

qep.uncg.edu
or
go.uncg.edu/spartansthrive



QEP: SPARTANS THRIVE

UNCG's Quality Enhancement Plan

ABOUT QEP

[Read More](#)

THE QEP PROCESS

[Learn More](#)

FAQS

[Find Your Answers](#)

WHAT IS QEP?

The **Quality Enhancement Plan (QEP)** is the component of the reaffirmation process that reflects and affirms the commitment of **Southern Association of Colleges and Schools Commission on College (SACSCOC)** to enhancing the quality of higher education in the region and to focusing attention on student learning.

The QEP addresses a well-defined and focused topic or issue related to enhancing student learning and/or student success.

The QEP (Standard 7.2) is to have five essential elements:

1. Derived from institutional planning and evaluation processes;
2. Has broad-based support of institutional constituencies;
3. Focuses on improving specific student learning outcomes and/or student success;

