Meeting of the Full Board  
October 12, 2023  
8:30 a.m.

Presentation

BOT – 3  SACS Reaffirmation and QEP Overview

Background Information

Every 10 years, institutions accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) have to “reaffirm” their accreditation. UNCG is currently undergoing the reaffirmation process, which requires demonstration of compliance with multiple accreditation standards and development of a “Quality Enhancement Plan” (QEP) which focuses on improving specific student learning outcomes and/or student success.

Regina McCoy, Associate Vice Provost for Retention and Student Success, and Dr. Jill Beville, Director of UNCG Recreation and Wellness, have authored UNCG’s current QEP – Spartans Thrive – which focuses on student well-being and academic success. They will give a presentation on the QEP, and will be joined by Jodi Pettazzoni, Associate Vice Provost and Director of Assessment.
SACSCOC Reaffirmation Process & the Quality Enhancement Plan (QEP)

Dr. Jodi Pettazzoni, Associate Vice Provost & Director of Assessment
Dr. Jill Beville, Director of Recreation & Wellness
Regina McCoy, Associate Vice Provost for Retention & Student Success
UNCG’s institutional accreditation

• Every 10 years, institutions accredited by the Southern Association of Colleges and Schools Commission on Colleges (SACSCOC) have to “reaffirm” their accreditation.

• The reaffirmation process requires us to demonstrate compliance with the accreditation standards as well as develop a “Quality Enhancement Plan” (QEP)

• UNCG’s reaffirmation is in 2024 with a SACSCOC Site Visit scheduled for March 18-21, 2024
  • On-site review committee meets with representatives to address non-compliance, federal regulations and governance questions, while conducting a deep evaluation of our QEP
SPARTANS THRIVE
UNCG's Quality Enhancement Plan
Health and Wellness
What is the QEP?

The Quality Enhancement Plan (QEP) is the component of the reaffirmation process that reflects and affirms the commitment of Southern Association of Colleges and Schools Commission on College (SACSCOC) to enhancing the quality of higher education in the region and to focusing attention on student learning.

The QEP is an opportunity for UNCG to demonstrate its commitment to continuous improvement of student learning and student success.

The QEP is a phased process that begins with the identification of a specific topic. The plan is implemented and measured over a 5-year period.
Topic Selection Process

Elements of the Topic Selection Phase

- Select Broad-Based QEP Topic Selection Steering Committee
- Engage Campus in QEP Education and Dialogue through Web Site and Information Sessions
- Develop QEP Topic Proposals
- Create Executive Summary for Steering Committee
- Present an Executive Summary of the Top QEP Topics for Final Selection by the Provost

Orient the Committee
Collect and Publish Popular Campus QEP Themes
Review/Rank QEP Topic Proposals

Final Proposals

- Community and Civic Engagement Pathways
- Student Success and Belonging for Diverse Populations
- Thrive at the G (Holistic Health & Wellness)

https://qep.uncg.edu
Institutional Priorities

University Strategic Plan Areas of Focus:

**HEALTH AND WELLNESS**

Health and Wellness is broadly defined to encompass the many dimensions necessary for individuals to cope, adapt, grow, and develop. This theme encompasses predictors and indicators of the state of the human condition, and scientific advances related to Health and Wellness.

- **STUDENT TRANSFORMATION**
  Students will gain understanding of and appreciation for health and wellness as it applies to their personal and professional lives.

- **KNOWLEDGE TRANSFORMATION**
  UNCG will enhance understanding of health and wellness, health disparities, and the health professions.

- **REGIONAL TRANSFORMATION**
  UNCG will be an active partner in promoting health and wellness in the broader community.
Find your Well-Being Here

Well-being is the combination of what we think and feel about our lives; the experience of positive emotions such as happiness and contentment, as well as the development of one's potential, having some control over one's life, having a sense of purpose, experiencing positive relationships, and overall life satisfaction. At UNCG, we use the Eight Dimensions of Wellness as a framework for our students in their life-long process of becoming aware of and making choices towards a healthy and fulfilling life, in college and beyond.

Wellness is not a destination, it is a personal journey that evolves over a lifetime. It is our hope that the following information about the eight Dimensions of Wellness will help you get started or continue on your health and well-being journey. Becoming familiar with each of the dimensions will help promote self-and community care, as well as help identify areas that you may be neglecting. These dimensions are interconnected. Neglecting one area will affect the others. Focusing on all eight dimensions will help you bring balance into your life so that you can thrive and flourish on your journey through college and beyond.

EIGHT DIMENSIONS OF WELL-BEING

<table>
<thead>
<tr>
<th>Social Wellness</th>
<th>+</th>
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<tbody>
<tr>
<td>The ability to successfully interact with people in our world, participating in and feeling connected to the UNCG community.</td>
<td></td>
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<tr>
<td>Learn More about Social Wellness</td>
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<tr>
<th>Physical Wellness</th>
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<th>Emotional Wellness</th>
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Why the FTIC Students?

Based on the cohort year the students entered UNCG

FTIC 2ND YEAR RETENTION, FALL 2019-2023

FTIC #s: 2,300-2,500 per year
For Spartans who are enrolling for the first time in college (FTIC) this fall, Spartans Thrive will set them up for a successful college career. Spartans Thrive is the University’s Quality Enhancement Plan (QEP) and will begin in fall 2023 with FTIC students and continue through fall 2026. Focused on the student’s holistic health and wellness, Spartans Thrive supports the University’s Strategic Plan goal of “Student Transformation for Health & Wellness.”

THREE KEY AREAS OF SPARTANS THRIVE

Minerva’s Academic Curriculum (MAC) Foundations Courses
Integrating health and wellness into the MAC Foundation Courses will help students begin their college journey with academic achievement skills, advising, and navigational support to help them persist and be academically successful.

Spartan Experience
Led by Student Affairs, the Spartan Experience will offer events and activities that focus on the well-being learning competency to promote the holistic and integrated development of the student using the following eight dimensions of wellness: physical, emotional, social, environmental, spiritual, financial, occupational, and intellectual. The program encourages students to learn and develop life-long knowledge, skills, and awareness to strive for optimal well-being individually and of the global community.

Mentor Collective Mentoring Program
FTIC mentored students persist to their second year at a higher rate than their non-mentored peers, with similar academic prep, ethnicity, income, and age. UNCG has not met the first-to-second-year retention rate goal of 85%. Mentorship of FTIC students aims to improve student success outcomes for student persistence.

STUDENT LEARNING OUTCOMES AND REPORTING

Launching with the FTIC fall 2023 student cohort, Spartans Thrive will concentrate on every fall incoming class through fall 2026. All Spartans will be encouraged to participate in holistic health and wellness opportunities through the Spartan Experience. The student learning outcomes for first-year students are:

1. Students will develop goals and plans related to personal purpose, interests, and/or values between self and community.
2. Students completing the well-being competency of the Spartan Experience will be able to identify and engage with campus resources to support their personal well-being.
3. First-year mentored students will persist to their second year at a higher rate than their non-mentored peers, with similar academic prep, ethnicity, income and age.

Launching in fall 2024, the UNCG Spartans Thrive Wellness Dashboard will inform how our efforts are measuring up to our goals.
Emphasizes 11 foundational competencies integrated into each major, fostering transferable skills for academics, career, and personal growth, while encouraging curiosity and broad knowledge acquisition.

• Only 33 – 34 credits, folded into the 120 credits students need to complete for their degrees.
• Taken early in college career, sets foundation for achievement in the students’ major courses.
The Foundations competency focuses on the students’ successful transition to UNCG and encourages them to continue their journey here in an intentional and goal-directed way. Courses in this competency support academic and personal development by creating connection to the campus community; facilitating reflection and practicing with academic skills; building information literacy skills; highlighting campus resources for when students need help; enabling connections with peers, faculty and staff; and illustrating how students’ own values, interests and purpose enrich their lives and that of our greater community.

The Foundations SLOs:

1. Develop academic skills and demonstrate the ability to identify and use campus services and resources.

2. **Develop goals and plans related to personal purpose, interests, or values between self and community.**

3. Build connections between self and peers, faculty, and staff.

4. Critically evaluate information and media sources in a variety of formats.

5. Incorporate and cite sources accurately and correctly.
Students will learn how to adopt a healthy lifestyle that can improve their academic performance and individual and community health.

- Taken by all FTICs in their first year
- Fall 2023 in FYE 101 MAC Foundation sections (17)
- Spring 2024 in 20 MAC Foundation Courses
- Faculty trained in early Summer 2024
- Full implementation Fall 2024

Instructors will facilitate in-class discussions on the overview & individual 8 dimensions of wellbeing.

- Hybrid course design
- Instructor guide & online Canvas modules
- Activities that allow students to engage with content and empower them to identify areas of growth & challenges to develop an action plan
Overview: The Spartan Experience is UNC Greensboro’s co-curricular program for engaging students, outside of the classroom, in ways that extend beyond their degree and time on campus. After completion, students will be able to articulate how campus life impacted their personal and professional development.

Through the Well-Being competency, students will develop an understanding of wellness within themselves and the wider community, following the eight dimensions of wellness; physical, social, emotional, cultural, financial, intellectual, environmental, and career. The experiences in this competency will provide students with life-long knowledge, skills, and awareness to strive for optimal well-being individually and in the global community.

Student Learning Outcome: Students will be able to identify and engage with campus resources to support their personal well-being.
Learning Domain: WELL-BEING

First 6-8 Weeks

Foundational Learning Experiences
- IT Matters courses (Completed by Week 2) - LO3
- FYE (Foundations Course) - Connecting students to campus resources - SLO 1
- Fitness experience at RecWell/Intramurals & Club Sports - SLO 1

Second 6-8 Weeks

- Meet with Wellbeing Coach and development of wellness plan

Advanced Learning Experiences
- Training to become a wellbeing coach - SLO 4
- Ask/Listen/Refer; QPR; Mental Health First Aid - SLO 4

Engage Campus Resources

Foundational:
- itMatters Upload
- Tag Event: SE
- Well-Being x 3
- Introduction to
- Well-Being Experience

Intermediate:
- Well-Being Plan Upload
- Tag Event: SE-Well-Being x 3
- Tag Event: SE Emotional/Mental Health or Emotional/Mental Health Support & Skills Upload

Advanced:
- Tag Event: SE-Well-Being x 9
- Personal Well-Being Plan Upload

Healthy Strategies

Foundational:
- itMatters Upload
- Tag Event: SE
- Well-Being x 3
- Introduction to
- Well-Being Experience

Intermediate:
- Well-Being Plan Upload
- Tag Event: SE-Project Connect
- Tag Event: SE-Well-Being x 6

Advanced:
- Tag Event: SE-Well-being x 9
- Personal Well-Being Plan Upload

Informed Decisions

Foundational:
- itMatters Upload
- Tag Event: SE
- Well-Being x 3
- Introduction to
- Well-Being Experience

Intermediate:
- Tag Event: SE-Well-Being x 6

Advanced:
- Tag Event: SE-Well-being x 9
- Personal Well-Being Plan Upload

Healthy Community Relationships

Foundational:
- Ask, Listen, Refer, Experience
- Community Health Experience

Intermediate:
- QPR Experience/Tag Event: SE-QPR
- CPR/First Aid Upload or Tag Event: SE-Outdoor Adventure

Advanced:
- Well-Being Leader Experience
- Mental Health First Aid Experience or Tag Event SE-Mental Health First Aid
- Monitor, create, and measure a sense of belonging for FTIC students and their mentors.
- Provide purpose and opportunity for upper-division students to serve as mentors.
- Meaningfully match mentees and mentors based on self-identified characteristics ensuring a relevant match.
- Create a core experience for students in the face of the challenges they encounter adjusting to their respective academic and wellness goals.
- Increase resource utilization for mentored FTIC students.
- Disaggregated retention and melt data
- Analysis of sense of belonging and academic self-efficacy data, and connection to persistence and retention

**GOAL:** FTIC-mentored students persist to their second year at a higher rate than their non-mentored peers, with similar academic prep, ethnicity, income, and age.

[https://uncg.mentorcollective.org/register/uncg-fticwide/mentee](https://uncg.mentorcollective.org/register/uncg-fticwide/mentee)
Your Mentor/Mentee Relationship

Accessible by any device, the **Mentee/Mentor Platform** equips mentees and mentors to learn more about each other, access resources, and more.

**Discussion Guides** surface key topics and relevant resources.

MC’s **Text Chatbot** sends mentees and mentors important reminders.
Board of Trustees can actively engage and assist through a variety of ways

- Promote student involvement in Spartans Thrive 3 QEP Programs:
  - MAC Foundations
  - Spartans’ First Mentoring
  - Spartan Experience
- Cheer and ask our students how they may be able to apply their health & wellness knowledge to help others.
- Prepare for the SACSCOC Site Visit March 2024
QEP: SPARTANS THRIVE

UNCG’s Quality Enhancement Plan

WHAT IS QEP?

The Quality Enhancement Plan (QEP) is the component of the reaffirmation process that reflects and affirms the commitment of Southern Association of Colleges and Schools Commission on College (SACSCOC) to enhancing the quality of higher education in the region and to focusing attention on student learning.

The QEP addresses a well-defined and focused topic or issue related to enhancing student learning and/or student success. The QEP (Standard 7.2) is to have five essential elements:

1. Derived from institutional planning and evaluation processes;
2. Has broad-based support of institutional constituencies;
3. Focuses on improving specific student learning outcomes and/or student success;
4. Provides a systematic framework for improving student learning outcomes;
5. Provides ongoing assessment and evaluation of QEP implementation and student learning outcomes.

qep.uncg.edu
or
go.uncg.edu/spartansthrive